

ALABAMA ADVANCE DIRECTIVE FOR HEALTH CARE

This form may be used in the State of Alabama to make your wishes known about what medical treatment or other care you **would** or **would not** want if you become too sick to speak for yourself. You are not required to have an advance directive. If you do have an advance directive, be sure that your doctor, family, and friends know you have one and know where it is located.

SECTION 1. LIVING WILL

I, _____, being of sound mind and at least 19 years old, would like to make the following wishes known. I direct that my family, my doctors and health care workers, and all others follow the directions I am writing down. I know that at any time I can change my mind about these directions by tearing up this form and writing a new one. I can also do away with these directions by tearing them up and by telling someone at least 19 years of age of my wishes and asking him or her to write them down.

I understand that these directions will only be used if I am not able to speak for myself.

IF I BECOME TERMINALLY ILL OR INJURED:

Terminally ill or injured. Terminally ill or injured is when my doctor and another doctor decide that I have a condition that cannot be cured and that I will likely die in the near future from this condition.

Life sustaining treatment. Life sustaining treatment includes drugs, machines, or medical procedures that would keep me alive but would not cure me. I know that even if I choose not to have life sustaining treatment, I will still get medicines and treatments that ease my pain and keep me comfortable.

Place your initials by either "yes" or "no."

I want to have life sustaining treatment if I am terminally ill or injured.

_____ Yes

_____ No

Artificially provided food and hydration (Food and water through a tube or an IV): I understand that if I am terminally ill or injured I may need to be given food and water through a tube or an IV to keep me alive if I can no longer chew or swallow on my own or with someone helping me.

Place your initials by either "yes" or "no."

I want to have food and water provided through a tube or an IV if I am terminally ill or injured.

_____ Yes

_____ No



IF I BECOME PERMANENTLY UNCONSCIOUS:

Permanent unconsciousness. Permanent unconsciousness is when my doctor and another doctor agree that within a reasonable degree of medical certainty I can **no** longer think, feel anything, knowingly move, or be aware of being alive. They believe this condition will last indefinitely without hope for improvement and have watched me long enough to make that decision. I understand that at least one of these doctors must be qualified to make such a diagnosis.

Life sustaining treatment. Life sustaining treatment includes drugs, machines, or other medical procedures that would keep me alive but would not cure me. I know that even if I choose not to have life sustaining treatment, I will still get medicines and treatments that ease my pain and keep me comfortable.

Place your initials by either "yes" or "no."

I want to have life-sustaining treatment if I am permanently unconscious.

_____ Yes

_____ No

Artificially provided food and hydration (Food and water through a tube or an IV): I understand that if I become permanently unconscious, I may need to be given food and water through a tube or an IV to keep me alive if I can no longer chew or swallow on my own or with someone helping me.

Place your initials by either "yes" or "no."

I want to have food and water provided through a tube or an IV if I am permanently unconscious.

_____ Yes

_____ No

OTHER DIRECTIONS:

Please list any other things you want **done** or **not done**.

In addition to the directions I have listed on this form, I also want the following:

If you do not have other directions, place your initials here.

_____ No, I do not have any other directions.



SECTION 2. IF I NEED SOMEONE TO SPEAK FOR ME

This form can be used in the State of Alabama to name a person you would like to make medical or other decisions for you if you become too sick to speak for yourself. This person is called a health care proxy. You do not have to name a health care proxy. The direction in this form will be followed even if you do not name a health care proxy.

*Place your initials **by only one** answer.*

_____ I **do not** want to name a health care proxy.

_____ I **do** want the person listed below to be my health care proxy.
I have talked with this person about my wishes.

First Choice For Proxy's Full Name

First Choice For Proxy's Relationship to Me

First Choice For Proxy's Address

City

State

Zip Code

First Choice For Proxy's Day Phone **First Choice For Proxy's Night Phone**

If this person is not able, not willing, or not available to be my health care proxy, this is my next choice:

Second Choice For Proxy's Full Name

Second Choice For Proxy's Relationship to Me

Second Choice For Proxy's Address

City

State

Zip Code

Second Choice For Proxy's Day Phone

Second Choice For Proxy's Night Phone



INSTRUCTIONS FOR PROXY

Place your initials by either "yes" or "no."

I want my health care proxy to make decisions about whether to give me food and water through a tube or an IV.

_____ Yes

_____ No

Place your initials **by only one answer**.

_____ I want my health care proxy to follow **only** the directions as listed below.

_____ I want my health care proxy to follow my directions as listed on this form **and** to make any decisions about things I have not covered in the form.

_____ I want my health care proxy to make the final decision, even though it could mean doing something different from what I have listed on this form.

SECTION 3: THE THINGS LISTED ON THIS FORM ARE WHAT I WANT

I understand the following:

- If my doctor or hospital does not want to follow the directions I have listed, they must see that I get to a doctor or hospital who will follow my directions.
- If I am pregnant, or if I become pregnant, the choices I have made on this form will not be followed until after the birth of the baby.
- If the time comes for me to stop receiving life sustaining treatment or food and water through a tube or an IV, I direct that my doctor talk about the good and bad points of doing this, along with my wishes, with my health care proxy, if I have one, and with the following people: _____

SECTION 4. DONATION OF ORGANS AT DEATH

Upon my death:

(PLEASE INITIAL ONE)

_____ I give any needed organs, tissues, or parts

_____ I give the following organs, tissues or parts only: _____

for the following purposes: (INITIAL ALL THAT APPLY)



_____ therapy
_____ transplant
_____ research
_____ education
_____ other: _____

_____ I DO NOT wish to make an anatomical donation.

_____ I authorize my agent to donate all or any part of my body for any purposes my agent sees fit.

SECTION 5. MY SIGNATURE

Your Name _____ **Month, Day, and Year of Your Birth** _____

Your Signature _____ **Date Signed** _____

SECTION 6. WITNESSES (TWO WITNESSES MUST SIGN)

I am witnessing this form because I believe this person to be of sound mind. I did not sign the person's signature, and I am not the health care proxy. I am not related to the person by blood, adoption, or marriage and not entitled to any part of his or her estate. I am at least 19 years of age and am not directly responsible for paying for his or her medical care.

Name of First Witness _____ **Name of Second Witness** _____

Signature of First Witness _____ **Signature of Second Witness** _____

Date Signed _____ **Date Signed** _____



SECTION 7. SIGNATURE OF PROXY

I, _____, am willing to serve as the health care proxy.

Signature of **First Choice Proxy**

Date Signed

I, _____, am willing to serve as the health care proxy of the first choice cannot serve.

Signature of **Second Choice Proxy**

Date Signed

