

From

Date: _____

VIA Certified Mail Overnight Mail Email Facsimile Other: _____

To

RE: Cease and Desist – Specific Activity

Dear _____:

This letter serves as notice to you to immediately cease and desist the following activity(ies):

_____ (collectively, the "Activity")

because _____.

If you do not cease and desist the aforementioned Activity, I will be forced to take appropriate legal action against you and will seek all available damages and remedies.

Sincerely,

Printed Name: _____

